



# Nyuh

wellness

## Relaxing 50m / 80m

\$1,900/\$2,200

Manual therapy that offers your body and mind a deep state of well-being. Its main objective is to increase the production of endorphins in our body through the use of soft and firm movements.

## Couples 50m / 80m

\$4,200/\$4,500

Enjoy a sensual massage with your partner supplemented with aromatherapy and relaxing music. Ideal to activate the passion and enjoy with your loved one.

## Swedish Massage 50 / 80m

\$2,200/\$2,500

It is ideal for eliminating tension, firming muscles and joints. In addition, its invigorating and relaxing effect promotes blood circulation.

## Hot Stones 80m

\$2,500

Therapy which helps improve the functions of our body and relax muscular tensions through the temperature of the stones, promoting the improvement of blood circulation and the elimination of toxins.

## Detox 80m

\$2,500

It is a soft and light massage that is applied in the circulatory system, its function is to eliminate the accumulation of liquids, absorption of fats and soluble vitamins from the digestive system, thus the body eliminates toxins and waste substances.

## Deep Tissue 50m

\$2,200

Deep tissue massage, its technique is very effective to eliminate muscle tension in athletes or people suffering from chronic muscle pain caused by severe physical activities, stress or old injuries.

## Lomi Lomi 50m / 80m

\$2,100/\$2,400

Relaxing massage which improves the nervous system while eliminating the tensions responsible for emotional blockages.

## Prenatal 50m

\$2200

Relax your body and mind, reduce stress and help alleviate back and leg pain, as well as combat fluid retention by improving blood circulation. This massage is only available after 3 and before 8 months of pregnancy.

## Reflexology 50m

\$2000

Technique performed on legs, feet, arms and hands which helps reduce stress levels and contributes to improve the symptoms of some diseases by promotes digestion and purification of toxins.

## Crystal Therapy 50m/80m

\$2,200/\$2,500

Therapy consisted on the use of crystals and semiprecious stones to balance the mind, body and spirit, through a gentle massage technique.

### Body Treatments

-Chocolate 80 min	\$1,900
-Coco 80 min	\$1,900
-Mayan 80 min	\$1,900
-Sunburn 80 min	\$2,200
-Coffee 80 min	\$1,900

### Facial Treatments

-Moisturizing 50min	\$1800
-Anti-aging 80 min	\$2300
-Sensitive skin 80 min	\$2300

## Specials

- **Exfoliation and massage:** 80min **\$3000**
- **Sea delicacies:** **\$5500**  
1 detox massage 80 min, 1 Swedish 50 min and 1 Relaxing 50 min.
- **Total Relaxation:** **\$4800**  
1 relaxing massage, 1 facial and chocolate body treatment.

\*Prices in Mexican pesos and VAT included (16%).